

# TIPS ON PROPHETIC TECHNIQUE

## *Prophetic Training Video Notes*

This video is primarily for those entering into personal prophecy but can be applied anywhere there is team ministry.

I recommend prophesying with at least 1 other person or even a triad for personal prophecy.

First of all, we aren't talking about performance here, but as prophecy is 2 way: the giver +the receiver; prophecy can be strengthened by the following practices.

### **Here are some of the recommendations pulled from my experience + observations:**

- If there are 2 or 3 of you prophesying, take turns taking the lead.
- Try to start as soon as the 1<sup>st</sup> or 2<sup>nd</sup> person is done or be ready to go if you can tell they are in the wind down.
- Don't feel you need to start a prophetic session with prayer. If you have time it is nice to pray at the end just to "seal the word".
- Try & organize your thoughts before you get up to give the words so that you aren't repeating yourself – (sometimes God does give you more than one way to make the same point).
- Don't start your word as Point 1, Point 2 etc – just speak the word.
- Don't analyze the persons word spoken before you. Eg "I agreed with this part," just give what you felt the most confirmation with. Usually each person will have a different way of describing the same content and confirmation is a powerful tool. The Holy Spirit uses our personalities.
- At the same time, if someone has prophesied before you, the exact same thing don't repeat it, move on.
- Don't interrupt prophetic flow but giving a personal example or get conversational. Teachers are bad at doing this. Prophecy is stronger if you use it like bullets from a gun: pow-pow-pow.
- Don't describe the place where you got the prophecy "while I was in my devotions", "while I was in the shower".
- You can't prophesy your opinions.
- Be careful of the words you are using – new Christians or non Christians are very literal in what they understand "waiting for the fire of God to come down. Also with people from other cultures may not understand our phrases and expressions. Some people need to avoid terms that only apply to their work – medical, technical etc.
- If you sense bondage or difficulty, sin areas, in a persons life, don't call it out but give them "the way of escape" or steps to freedom. Remember prophecy is to draw us closer to the heart of Jesus, not heap on condemnation, or push the person away.
- We want to become adept at framing negative situations in a way that is encouraging and restorative to the recipient, rather than simply exposing their struggles – don't throw them under the bus.

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- Refer people to follow-up with a counsellor, pastor or other if you sense they need more ministry. This should be done at the wrap up time – not in the middle of the prophetic session.
- You can ask prophetic questions, especially if you are giving a word of knowledge. It makes for stronger prophecy if you ask the person if what you're saying is witnessing with them, and if they say yes you can expand on the area and drill down.
- Most prophecy at this level is being recorded, so if you are feeling emotional because of the word you are giving hold off till you have voice control. A snort in a microphone is like a volcanic eruption.
- At the same time check your own nonverbal actions: if you are prophesying in person, waving your hands in the air, pointing a finger, standing too close, being "in your face", spitting while talking and bad breath aren't excuses for anointed prophecy.
- Don't "read" your prophecy. It is ok to use notes to refer to.
- Avoid trying to sound spiritual – some people have a special "prophesying voice" & it gags everyone else. Keep your tone positive. It's fine to weave in humour.
- Avoid being repetitious in your prophecy - repeating the same thing again and again. You can say something like "I really feel this is a strong point that the Holy Spirit wants to emphasize". When you have 2 or 3 together it's ok to weave around a bit – One prophesies but if there is a certain word or phrase they use that is underscored to you, you can go back + speak to that confirmation, This happens a lot in our "prophetic intensives".
- Make sure you aren't using phrases or expressions that you think are cute or descriptive but may be offensive to others - calling a woman a "bubba" calling someone a "nerd".
- Give only what you have and don't try to fluff up a prophecy. Simple words can be very strong and often meaningful to the receiver. Or are you trying to "give them everything in one sitting," from words to counselling to deep intercessory prayer?
- Some people have a hard time ending their prophetic word - they can feel the anointing lifting but like the prophet who mentored me said "Land that plane". There is a lot to consider as we develop in this gifting. It is not easy, and at times can seem overwhelming. Staying positive with faith in Jesus will keep you moving forward and keep you from getting stuck.
- You will bloom and grow in your prophetic gifting! It does, however, require opportunity, awareness, and intentionality.
- If you find yourself battling a lack of confidence, know that you will make mistakes, and it may get messy; it is all a part of the learning process.

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## **Summary:**

- As you learn to deliver words of prophecy, are they making sense to the recipient? Don't be afraid to ask questions. Are you keeping it focused, staying within the themes that seem to be flowing at the time? Have you become more aware of what is necessary to share and what would be extraneous detail? Or are you trying to "give them everything in one sitting," from words to counselling to deep intercessory prayer? Remember to give only what you have received, not expanding on it beyond what the Lord has called you to do so. (You may need to refer some people to pastoral counselling or other programs of inner healing.) Are you keeping a positive tone, especially at the beginning and end, with any gentle correction sandwiched in between? Have you become adept at framing negative situations in a way that is encouraging and restorative to the recipient, rather than simply exposing their struggles?

## **Approaches to Take:**

- Describe the desires of their heart
- Speak of any new directions God may have for them
- Describe an open door you may see for them.
- Describe doors God is closing.
- Talk about choices, decisions, dreams fulfilled & unfulfilled.
- You may sense fears.
- Talk about their inspirations, passions.
- You may have pictures to share.
- Don't try to be too specific or directional with what you have for them.
- Remember: they will be blessed just knowing God cares enough to give them personal message.

## **Activation:**

- During the next opportunity you have to minister a prophetic word, be prepared to examine your session afterward, considering these growth factors. Choose one area of weakness you found and consciously try to improve upon it during a subsequent session. Consider your non-verbal communication: How were your mannerisms? Is there anything you were doing that might have been interpreted as threatening or distracting? Did you remember to ask before touching or laying hands on the person? Did you avoid any biases, including such things as race, gender, and economics? Did you stay focused? Did you ask clarifying questions? Did you stay within the parameters of hope, comfort, and encouragement? Was your tone kind and restorative?